



## St. Joseph Catholic School Preschool



### Toilet Training Policy

"The number one key to successful toilet training is a child who has the ability to perceive events that are going to happen before they happen." -Nanny De

St. Joseph Catholic School Preschool is licensed by the Arizona Department of Health Services and adheres to the regulations and guidelines. The Preschool is NOT licensed for diapering; therefore, all children must be fully toilet trained prior to entering the Preschool. The Arizona Department of Health Services mandates that the teachers/assistants are only permitted to provide hands on assistance to the children in case of an accident. Children should be independently able to clean themselves after using the toilet with minimal assistance.

It is also imperative that we have knowledge of where the children are at all times; therefore we cannot allow children to leave the classroom without communication of where the child is going, even though our bathroom is connected to the classroom. The child must be able to tell the teacher they need to use the restroom prior to leaving the classroom.

St. Joseph Catholic School Preschool follows these guidelines in order to determine whether a child is toilet trained.

## A Toilet Trained Child:

A toilet trained child is a child who can do the following:

- ✓ Be able to TELL the teacher they have to go BEFORE they have to go. They must be able to say the words such as, "I have to go potty" BEFORE they have to go.
- ✓ Be able to pull down their underwear and pants and get them back up with minimal assistance.
- ✓ Be able to independently wipe themselves after using the toilet for both poop and pee.
- ✓ Be able to get on and off the toilet by themselves.
- ✓ Be able to independently wash and dry their hands.
- ✓ Be able to go directly back to the classroom without disruption or being redirected.
- ✓ Be able to postpone going if they must wait for someone who is in the bathroom, or if we are outside, at Mass, or away from the classroom.

Guidelines for determining when a child is not toilet trained:

- ✓ If the child has 3 or more accidents, either poop or pee, within 1 week
- ✓ If the child has 5 or more accidents, either poop or pee, within 2 weeks

St. Joseph Catholic School Principal and/or Preschool Director may ask the child return when they are accident free.